



Partnering with WHAT

Collaborating for impact

What's WHAT?!

- Established in 1993, the Waterford Healing Arts Trust (WHAT) is based at the WHAT Centre for Arts and Health in University Hospital Waterford (UHW), the first centre of its kind in Ireland
- Each year, WHAT delivers programmes across all of the arts with a common thread - the core audience and participants are health service users or healthcare professionals
- As well as its work at UHW, WHAT works in mental health settings and its engagement with patients ranges from live music to longer-term art-making classes with paediatric patients and those receiving dialysis or other ongoing treatments
- This book offers a range of exciting partnership possibilities with WHAT





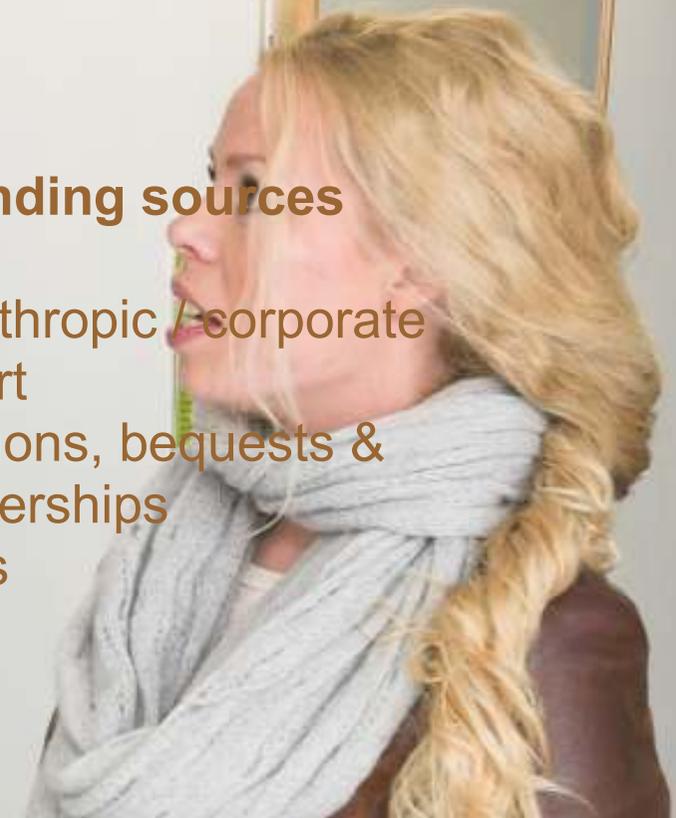
How WHAT delivers

Primary funders

- Health Service Executive (HSE)
- Arts Council
- Waterford City & County Council

Other funding sources

- Philanthropic / corporate support
- Donations, bequests & Memberships
- Grants



- Exhibitions each year from 2016 to 2018 with artworks selected by patient and staff representatives for their contribution to making UHW *A Better Place*
- Offers partners an opportunity to help WHAT deliver a sustained programme around the selection process and exhibitions involved in *A Better Place*
- The partners will be involved with the exhibitions from concept through to delivery
- WHAT will also ensure public and media recognition for our partners across all *A Better Place* promotional materials and at the launches
- Investment in partnership: €3,500 per annum



A Better Place

Annual exhibitions at
University Hospital Waterford

- Each year, WHAT engages an Artist-in-Residence following a competitive selection process
- Running since 1994, this is one of the most visible aspects of the Trust's work as the artist works with patients at their bedside, in small group settings within the hospital or at WHAT's own Centre for Arts and Health within the UHW campus
- The Artist-in-Residence programme impacts hugely on how individual patients experience the hospital but also contributes to creating a warmer environment that supports better patient outcomes
- Again, WHAT will ensure appropriate public and media recognition for our partners for the residency
- Investment in partnership: €5,000 per annum



Artist-in-Residence

Annual programme at
University Hospital Waterford

- *Healing Sounds in the Wards* is a special series of monthly live music performances right across UHW
- Selected through open competition, participating musicians are mentored by Liam Merriman who has been specially trained at the globally - recognised *Musique et Santé* in France
- The musicians respond aptly to the mood of the particular wards and individual patients, always mindful of their surroundings and the primacy of patients' dignity and privacy
- WHAT will ensure appropriate public and media recognition for our partners for *Healing Sounds in the Wards*
- Investment in partnership: €3,000 per annum



Healing Sounds in the Wards

Annual programme at
University Hospital Waterford

- *Healing Sounds in the Foyer* is a series of monthly lunchtime live music performances in UHW's foyer
- Professional musicians perform these shows and they are often themed according to the time of year (Christmas, St. Patrick's Day and so on)
- As these events are open to all and do not give rise to any issues around patient privacy, they are widely promoted in the hospital and external communities and are among our highest-profile activities
- WHAT will ensure appropriate public and media recognition for our partners for *Healing Sounds in the Foyer*
- Investment in partnership: €2,400 per annum



Healing Sounds in the Foyer

Annual programme at
University Hospital Waterford

- *Open Studio* is a programme of weekly workshops at the WHAT Centre for Arts & Health where people with mental health problems, chronic illness or a disability make art with one-to-one support from artists
- While by their nature these weekly workshops are low-profile, the works produced ultimately enjoy a great public platform at exhibitions in Waterford venues
- Workshop participants would otherwise be unlikely to have the opportunity to engage with art and benefit tremendously from the creative outlet and from the confidence boost of seeing art they have made exhibited
- WHAT will ensure appropriate public and media recognition for our partners for *Open Studio*
- Investment in partnership: €3,600 per annum



Open Studio

University Hospital Waterford
and Waterford venues

- *Iontas* (Irish for ‘surprise’) is a year-round programme of client-centred arts workshops
- The programme gives clients a ‘menu’ of options, including visual arts, music, writing and dance
- The responses from participants to this programme are among WHAT’s most rewarding as people with low self-esteem who have become institutionalised react favourably to positive outlets for self-expression
- Innovative aspects of the programme include an *Artist-on-Call* scheme in an acute psychiatry setting
- WHAT will work with our delivery partners to ensure they are appropriately recognised for this special collaboration
- Investment in partnership: €3,000 per annum



Iontas

Department of Psychiatry, UHW
St. Aidan's ward & the
Activation Therapy Unit, St. Otteran's
Brook House Day Centre
Ard na Deise High Support Hostel
Newport Day Centre, Dungarvan

- *Festival in the Foyer* at UHW is part of the wider *Well Festival of Art and Wellbeing* that sees WHAT partner with Garter Lane Arts Centre and Waterford Library Services each October
- The *Festival in the Foyer* programme runs for a week in the main foyer of UHW in tandem with World Mental Health Day and features a diverse range of arts events each lunchtime
- Performances are highly visual and engaging. In previous years, we presented a dance flash mob, African drumming and an installation of life-sized papier mache dogs made especially for the festival
- This week-long programme reaches the entire hospital community and features widely in mainstream and social media. We will ensure our delivery partners are acknowledged appropriately
- Investment in partnership: €1,800 per annum



Festival in the Foyer

Annually during October
University Hospital Waterford



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- WHAT we do
- What's New
- Get Involved
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what@hse.ie 051 842 664

WHAT would you like to search for?



A Better Place

Artist Gerama Hodge was selected through a public vote to exhibit her paintings in University Hospital Waterford (UHW) in the first of a series of annual exhibitions entitled A Better Place from 2 June.

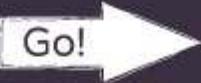


Home

Waterford Healing Arts Trust (WHAT) is Ireland's leading arts and health programme. Established in 1993, we bring arts experiences to the bed-sides of patients at University Hospital Waterford and other healthcare settings. We believe that the arts contribute to the wellbeing and vitality of society and that engaging with the arts stimulates our sense of identity and creativity.

WHAT supports the development of arts and health in Ireland and manages www.artsandhealth.ie, a national website.

Get involved, become a member



Well festival of arts...

Every year WHAT joins forces with Garter Lane Arts Centre and the Waterford Library Services to celebrate the benefits of participation in the arts for everybody through the Well festival of arts and wellbeing.

[Read more](#)



Art Collection

'While struggling with illness and medication, I found the art in the corridors was a healing influence and these dashes of creativity supported me.' – Former patient

[Read more](#)



Intas arts and mental...

'Art gets to the core and heart of the artist and the observer, and is like our fingerprints. Each person is unique and different.' – Client of Waterford Wexford Mental Health Services

[Read more](#)

Don't take our word for it....

See for yourself at www.waterfordhealingarts.com

Contact WHAT

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